

Syllabus for
HPE 020 Beginning Golf
0.5-1 Credit hour
Spring 2009

I. COURSE DESCRIPTIONS

Designed for the student who has little or no experience in the game of golf. The course places a major emphasis on the learning of the rules, terminology, and basic fundamentals necessary for participation in golf at the beginning level. Teaching techniques consist of lecture, discussions, demonstrations, and student participation.

Prerequisites: HPE 001 and HPE 002; or GHPE 503.

Lab fee: \$30.00 paid to golf course.

II. COURSE GOALS

The purpose of this course is designed to enable the student to do the following:

- A. Develop an understanding and appreciation of the game of golf
- B. Aid in the acquisition of fundamental golf skills
- C. Appreciate the social, economic, and entertainment aspects of sports in American life
- D. Understand and appreciate how golf fits into the aerobics program and the benefits of golf
- E. Provide a basic introduction to golf as a possible lifetime sport and recreation activity

III. STUDENT LEARNING OUTCOMES FOR THIS COURSE

As a result of successfully completing this course, the student will be able to do the following:

- A. List and explain the basic rules, etiquette, and terminology used in the game of golf
- B. Score at least 80% on tests
- C. Exceed the minimum standards for the three-mile run and aerobics points
- D. Demonstrate the basic skills needed to play the game of golf

IV. TEXTBOOKS AND OTHER LEARNING RESOURCES

A. Required Materials

- 1. Textbooks – none
- 2. Other
ORU Aerobic Activity Log booklet

B. Optional Materials

- 1. Textbooks – none
- 2. Other
Vroom, J. (1994). *So you want to be a golfer*. San Jose: Vroom Enterprises.

Latest Revision: Spring 2009

V. POLICIES AND PROCEDURES

A. University Policies and Procedures

1. Attendance at each class or laboratory is mandatory at Oral Roberts University. Excessive absences can reduce a student's grade or deny credit for the course.
2. Students taking a late exam because of an unauthorized absence are charged a late exam fee.
3. Students and faculty at Oral Roberts University must adhere to all laws addressing the ethical use of others' materials, whether it is in the form of print, video, multimedia, or computer software. By submitting an assignment in any form, the student gives permission for the assignment to be checked for plagiarism, either by submitting the work for electronic verification or by other means.
4. Final exams cannot be given before their scheduled times. Students need to check the final exam schedule before planning return flights or other events at the end of the semester.
5. Students are to be in compliance with University, school, and departmental policies regarding ePortfolio requirements. Students should consult the ePortfolio handbooks for requirements regarding general education and the students' majors.
 - a. The penalty for not submitting electronically or for incorrectly submitting an ePortfolio artifact is a zero for that assignment.
 - b. By submitting an assignment, the student gives permission for the assignment to be assessed electronically.

B. Department Policies and Procedures

1. Field Test Policy
 - a. Must be taken every semester in each enrolled activities class
 - b. Must be administered by student's activities class instructor during the scheduled class time
 - c. Automatic failure for cheating on field test or assisting another to cheat
2. HPE 020 course may only be taken twice for credit. Additional 020 classes may be taken but will not count toward ORU/HPE activity requirements for graduation.
3. Class Attendance
 - a. Student is expected to attend and participate in all class activities unless administratively excused. Only administrative excuses on the proper form are accepted. Excessive absences can reduce a student's grade or deny credit for the course. **Illness and injuries are not considered excused absences.**

Unexcused Absences	Letter Grade Subtracted From Final Grade
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1	0
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2	1
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3	2
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4	3
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5	Fail the Course
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- b. Every two tardies are considered an unexcused absence. Arriving late to class causes disruption and demonstrates a lack of respect for the instructor and the University.

C. Course Policies and Procedures

1. Evaluation Procedures
 - a. Health Fitness

- (1.) Aerobic Points & Summary Sheet 5%
 - (2.) Field Test 40%
 - (3.) Body Mass Index (BMI) 5%
 - b. Class Participation 10%
 - c. Skill and Knowledge 40%
 - (1.) Skills: week-to-week progression (30%)
nine-hole round of golf
 - (2.) Knowledge exam (10%)
Students enrolled for .5 credit hour will take a knowledge of rules exam.
Students opting for 1.0 credit hour will take rules exam plus an etiquette exam.
 - d. Grading for the courses is as follows:
 - A = 90%
 - B = 80%
 - C = 70%
 - D = 60%
 - Less than 60% = F/Failed Course
- 2. ePortfolio Requirement: Post test for seniors only (field test and aerobic points, see eP2, 3B-2)
- 3. Health Fitness Standards

AEROBIC POINTS
(Average Weekly Amount for 13 Weeks)

<u>Level of Fitness</u>	<u>Points Toward Grade</u>	<u>Weekly Aerobic Points</u>
Excellent	5	50+
Good	4	40-49
Average	3	30-39
Fair	2	20-29
Poor	1	10-19

FIELD TESTING STANDARDS FOR BEGINNING GOLF - 020
2-MILE RUN, 5-MILE CYCLE, & 800-METER SWIM FIELD TEST STANDARDS

Level of CR Fitness	Points	Under 25		25 – 34		35 – 44		45 – 54		55 & Over	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Superior	40	<13:00	<15:00	<14:00	<16 :00	<15:00	<17:00	<16:00	<18:00	<17:00	<19:00
Excellent	39	13:00	15:00	14:00	16:00	15:00	17:00	16:00	18:00	17:00	19:00
	38	13:15	15:15	14:15	16:15	15:15	17:15	16:15	18:15	17:15	19:15
	37	13:30	15:30	14:30	16:30	15:30	17:30	16:30	18:30	17:30	19:30
	36	13:45	15:45	14:45	16:45	15:45	17:45	16:45	18:45	17:45	19:45
	35	14:00	16:00	15:00	17:00	16:00	18:00	17:00	19:00	18:00	20:00
Good	34	14:15	16:15	15:15	17:15	16:15	18:15	17:15	19:15	18:15	20:15
	33	14:30	16:30	15:30	17:30	16:30	18:30	17:30	19:30	18:30	20:30
	32	14:45	16:45	15:45	17:45	16:45	18:45	17:45	19:45	18:45	20:45
	31	15:00	17:00	16:00	18:00	17:00	19:00	18:00	20:00	19:00	21:00
	30	15:15	17:15	16:15	18:15	17:15	19:15	18:15	20:15	19:15	21:15
	29	15:30	17:30	16:30	18:30	17:30	19:30	18:30	20:30	19:30	21:30
	28	15:45	17:45	16:45	18:45	17:45	19:45	18:45	20:45	19:45	21:45
	27	16:00	18:00	17:00	19:00	18:00	20:00	19:00	21:00	20:00	22:00
Fair	26	16:15	18:15	17:15	19:15	18:15	20:15	19:15	21:15	20:15	22:15
	25	16:30	18:30	17:30	19:30	18:30	20:30	19:30	21:30	20:30	22:30
	24	16:45	18:45	17:45	19:45	18:45	20:45	19:45	21:45	20:45	22:45
	23	17:00	19:00	18:00	20:00	19:00	21:00	20:00	22:00	21:00	23:00
	22	17:15	19:15	18:15	20:15	19:15	21:15	20:15	22:15	21:15	23:15
	21	17:30	19:30	18:30	20:30	19:30	21:30	20:30	22:30	21:30	23:30
	20	17:45	19:45	18:45	20:45	19:45	21:45	20:45	22:45	21:45	23:45
	19	18:00	20:00	19:00	21:00	20:00	22:00	21:00	23:00	22:00	24:00
Poor	18	18:15	20:15	19:15	21:15	20:15	22:15	21:15	23:15	22:15	24:15
	17	18:30	20:30	19:30	21:30	20:30	22:30	21:30	23:30	22:30	24:30
	16	18:45	20:45	19:45	21:45	20:45	22:45	21:45	23:45	22:45	24:45
	15	19:00	21:00	20:00	22:00	21:00	23:00	22:00	24:00	23:00	25:00
	14	19:15	21:15	20:15	22:15	21:15	23:15	22:15	24:15	23:15	25:15
	13	19:30	21:30	20:30	22:30	21:30	23:30	22:30	24:30	23:30	25:30
	12	19:45	21:45	20:45	22:45	21:45	23:45	22:45	24:45	23:45	25:45
	11	20:00	22:00	21:00	23:00	22:00	24:00	23:00	25:00	24:00	26:00
Very Poor	10	20:15	22:15	21:15	23:15	22:15	24:15	23:15	25:15	24:15	26:15
	9	20:30	22:30	21:30	23:30	22:30	24:30	23:30	25:30	24:30	26:30
	8	20:45	22:45	21:45	23:45	22:45	24:45	23:45	25:45	24:45	26:45
	7	21:00	23:00	22:00	24:00	23:00	25:00	24:00	26:00	25:00	27:00
	6	21:15	23:15	22:15	24:15	23:15	25:15	24:15	26:15	25:15	27:15
	5	21:30	23:30	22:30	24:30	23:30	25:30	24:30	26:30	25:30	27:30
	4	21:45	23:45	22:45	24:45	23:45	25:45	24:45	26:45	25:45	27:45
	3	22:00	24:00	23:00	25:00	24:00	26:00	25:00	27:00	26:00	28:00
	2	22:15	24:15	23:15	25:15	24:15	26:15	25:15	27:15	26:15	28:15
	1	22:30	24:30	23:30	25:30	24:30	26:30	25:30	27:30	26:30	28:30
	0	>23:30	>24:30	>23:30	>25:30	>24:30	>26:30	>25:30	>27:30	>26:30	>28:30

2-MILE WALKING FIELD TEST STANDARDS

Level of CR Fitness	Points	Under 25		25 – 34		35 – 44		45 – 54		55 & Over	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Superior	40	<22:00	<23:00	<23:00	<24:00	<24:00	<25:00	<25:30	<26:30	<27:00	<28:00
Excellent	39	22:00	23:00	23:00	24:00	24:00	25:00	25:30	26:30	27:00	28:00
	38	22:15	23:15	23:15	24:15	24:15	25:15	25:45	26:45	27:15	28:15
	37	22:30	23:30	23:30	24:30	24:30	25:30	26:00	27:00	27:30	28:30
	36	22:45	23:45	23:45	24:45	24:45	25:45	26:15	27:15	27:45	28:45
	35	23:00	24:00	24:00	25:00	25:00	26:00	26:30	27:30	28:00	29:00
Good	34	23:15	24:15	24:15	25:15	25:15	26:15	26:45	27:45	28:15	29:15
	33	23:30	24:30	24:30	25:30	25:30	26:30	27:00	28:00	28:30	29:30
	32	23:45	24:45	24:45	25:45	25:45	26:45	27:15	28:15	28:45	29:45
	31	24:00	25:00	25:00	26:00	26:00	27:00	27:30	28:30	29:00	30:00
	30	24:15	25:15	25:15	26:15	26:15	27:15	27:45	28:45	29:15	30:15
	29	24:30	25:30	25:30	26:30	26:30	27:30	28:00	29:00	29:30	30:30
	28	24:45	25:45	25:45	26:45	26:45	27:45	28:15	29:15	29:45	30:45
	27	25:00	26:00	26:00	27:00	27:00	28:00	28:30	29:30	30:00	31:00
Fair	26	25:15	26:15	26:15	27:15	27:15	28:15	28:45	29:45	30:15	31:15
	25	25:30	26:30	26:30	27:30	27:30	28:30	29:00	30:00	30:30	31:30
	24	25:45	26:45	26:45	27:45	27:45	28:45	29:15	30:15	30:45	31:45
	23	26:00	27:00	27:00	28:00	28:00	29:00	29:30	30:30	31:00	32:00
	22	26:15	27:15	27:15	28:15	28:15	29:15	29:45	30:45	31:15	32:15
	21	26:30	27:30	27:30	28:30	28:30	29:30	30:00	31:00	31:30	32:30
	20	26:45	27:45	27:45	28:45	28:45	29:45	30:15	31:15	31:45	32:45
Poor	19	27:00	28:00	28:00	29:00	29:00	30:00	30:30	31:30	32:00	33:00
	18	27:15	28:15	28:15	29:15	29:15	30:15	30:45	31:45	32:15	33:15
	17	27:30	28:30	28:30	29:30	29:30	30:30	31:00	32:00	32:30	33:30
	16	27:45	28:45	28:45	29:45	29:45	30:45	31:15	32:15	32:45	33:45
	15	28:00	29:00	29:00	30:00	30:00	31:00	31:30	32:30	33:00	34:00
	14	28:15	29:15	29:15	30:15	30:15	31:15	31:45	32:45	33:15	34:15
	13	28:30	29:30	29:30	30:30	30:30	31:30	32:00	33:00	33:30	34:30
	12	28:45	29:45	29:45	30:45	30:45	31:45	32:15	33:15	33:45	34:45
	11	29:00	30:00	30:00	31:00	31:00	32:00	32:30	33:30	34:00	35:00
Very Poor	10	29:15	30:15	30:15	31:15	31:15	32:15	32:45	33:45	34:15	35:15
	9	29:30	30:30	30:30	31:30	31:30	32:30	33:00	34:00	34:30	35:30
	8	29:45	30:45	30:45	31:45	31:45	32:45	33:15	34:15	34:45	35:45
	7	30:00	31:00	31:00	32:00	32:00	33:00	33:30	34:30	35:00	36:00
	6	30:15	31:15	31:15	32:15	32:15	33:15	33:45	35:45	35:15	36:15
	5	30:30	31:30	31:30	32:30	32:30	33:30	34:00	36:00	35:30	36:30
	4	30:45	31:45	31:45	32:45	32:45	33:45	34:15	36:15	35:45	36:45
	3	31:00	32:00	32:00	33:00	33:00	34:00	34:30	36:30	36:00	37:00
	2	31:15	32:15	32:15	33:15	33:15	34:15	34:45	36:45	36:15	37:15
	1	31:30	32:30	32:30	33:30	33:30	34:30	35:00	37:00	36:30	37:30
	0	>31:30	>32:30	>32:30	>33:30	>33:30	>34:30	>35:00	>37:00	>36:30	>37:30

VI. COURSE CALENDAR

Week	Class Organization, Topical Listing, Sequence, and Behavioral Objectives
1	<p>Lecture/Discussion</p> <p>Syllabus will be explained with emphasis on evaluation components Class organization and safety will be explained, and procedures will be demonstrated for checking-out equipment.</p>
2	Discussion over terminology, rules, and etiquette.
3	Discussion over terminology, rules, and etiquette.
4	Test covering skills and knowledge of rules, terminology and etiquette.
5	<p>Lecture/Discussion Demonstration Practice</p> <p>The grip and stance will be explained, demonstrated, and practiced. The full swing will be introduced.</p>
6	<p>LDDP</p> <p>The full swing will be reviewed with emphasis on the grip and checkpoints. Partner drills will be introduced and demonstrated for assisting students in recognizing and correcting errors in others.</p>
7	<p>Demonstration/Practice</p> <p>Review full swing, hit balls, and work on skill</p>
8	<p>LDDP</p> <p>Continue hitting balls to improve on full swing, with teacher's instruction.</p>
9	<p>LDDP</p> <p>Continue hitting balls to improve on full swing, with teacher's instruction.</p>
10	<p>LDDP</p> <p>Continue hitting balls to improve on full swing, with teacher's instruction.</p>
11	<p>LDDP</p> <p>Introduce short game concept and strategy. Demonstrate chipping, pitching, and putting.</p>
12	Class practice on short game, chipping, pitching, and putting
13	Class practice on short game, chipping, pitching, and putting
14	<p>LDDP</p> <p>Review and practice full swing and short game.</p>
15	<p>2-mile Field Test</p> <p>ePortfolio, 3B-2, (for seniors only), must be completed Aerobic Activity Log book/Summary sheet due during this class. Turn in to instructor. Late aerobic points and summary sheet will NOT be accepted.</p>

Course Inventory for ORU's Student Learning Outcomes

HPE 020 Beginning Golf Spring 2009

This course contributes to the ORU student learning outcomes as indicated below:

Significant Contribution – Addresses the outcome directly and includes targeted assessment.

Moderate Contribution – Addresses the outcome directly or indirectly and includes some assessment.

Minimal Contribution – Addresses the outcome indirectly and includes little or no assessment.

No Contribution – Does not address the outcome.

The Student Learning Glossary at <http://ir.oru.edu/doc/glossary.pdf> defines each outcome and each of the proficiencies/capacities.

OUTCOMES & Proficiencies/Capacities		Significant Contribution	Moderate Contribution	Minimal Contribution	No Contribution
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1	Outcome #1 – Spiritually Alive Proficiencies/Capacities				
1A	Biblical knowledge				X
1B	Sensitivity to the Holy Spirit				X
1C	Evangelistic capability			X	
1D	Ethical behavior		X		

2	Outcome #2 – Intellectually Alert Proficiencies/Capacities				
2A	Critical thinking		X		
2B	Information literacy		X		
2C	Global & historical perspectives			X	
2D	Aesthetic appreciation			X	
2E	Intellectual creativity			X	

3	Outcome #3 – Physically Disciplined Proficiencies/Capacities				
3A	Healthy lifestyle			X	
3B	Physically disciplined lifestyle			X	

4	Outcome #4 – Socially Adept Proficiencies/Capacities				
4A	Communication skills			X	
4B	Interpersonal skills			X	
4C	Appreciation of cultural & linguistic differences				X
4D	Responsible citizenship				X
4E	Leadership capacity				X