

Syllabus for
NUR 300—Health Assessment
3 Credit Hours
Fall 2013

I. COURSE DESCRIPTION

Prepares the nursing student to perform comprehensive physical health assessments across the lifespan. Includes ways to integrate mental and spiritual assessment skills in a culturally sensitive approach while evaluating health status. Uses lecture/discussion, small groups sessions, and simulated laboratory experiences for practice of assessment skills that are performed in nursing practice.

Prerequisite: PHS 223.

Corequisites: NUR 230, PHS 224.

II. COURSE GOALS

The purpose of this course is to enable the student to do the following:

- A. Learn to perform a comprehensive physical health assessment on individuals incorporating concepts of body, mind, spirit, development, and culture.
- B. Develop physical assessment skills, evaluating the information in relation to health status.
- C. Gain the ability to use health assessment data to plan nursing care for acute care and community settings.
- D. Learn appropriate documentation of physical findings during a health assessment.

III. STUDENT LEARNING OUTCOMES FOR THIS COURSE

As a result of successfully completing this course, the student will be able to do the following:

- 1.0 Interpret individual health status on a health/illness continuum.
 - 1.1 Organize health assessment of the individual using the concepts of body, mind, and spirit.
 - 1.2 Integrate the developmental theories into health assessment.
 - 1.3 Articulate cultural influences or characteristics that affect an individual's health status such as diabetes, hypertension, metabolic syndrome, and cardiovascular disease.
 - 1.4 Demonstrate communication skills in assessing individual health status.
- 2.0 Apply physical assessment skills in caring for individuals.
 - 2.1 Demonstrate the four examination techniques of physical assessment.
 - 2.2 Participate in a comprehensive physical examination of an individual.
 - 2.3 Evaluate individual assessment information in relation to health status.
- 3.0 Communicate health assessment data to individuals.
 - 3.1 Value nursing assessment as a fundamental skill for professional nursing practice.

- 3.2 Evaluate information sources for health teaching.
- 3.3 Document health assessment.

IV. TEXTBOOKS AND OTHER LEARNING RESOURCES

- A. Required Materials
 - 1. Textbooks
 - Wilson, S., & Giddens, J. (2013). *Health Assessment for Nursing Practice*. (5th edition). St. Louis, MO: Mosby. ISBN-13: 978-0-323-05322-8
 - 2. Other
 - Stethoscope
- B. Optional Materials
 - 1. Textbooks
 - None
 - 2. Other
 - None

V. POLICIES AND PROCEDURES

- A. University Policies and Procedures
 - 1. Attendance at each class or laboratory is mandatory at Oral Roberts University. Excessive absences can reduce a student's grade or deny credit for the course.
 - 2. Students taking a late exam because of an unauthorized absence are charged a late exam fee.
 - 3. Students and faculty at Oral Roberts University must adhere to all laws addressing the ethical use of others' materials, whether it is in the form of print, electronic, video, multimedia, or computer software. Plagiarism and other forms of cheating involve both lying and stealing and are violations of ORU's Honor Code: "I will not cheat or plagiarize; I will do my own academic work and will not inappropriately collaborate with other students on assignments." Plagiarism is usually defined as copying someone else's ideas, words, or sentence structure and submitting them as one's own. Other forms of academic dishonesty include (but are not limited to) the following:
 - a. Submitting another's work as one's own or colluding with someone else and submitting that work as though it were his or hers;
 - b. Failing to meet group assignment or project requirements while claiming to have done so;
 - c. Failing to cite sources used in a paper;
 - d. Creating results for experiments, observations, interviews, or projects that were not done;
 - e. Receiving or giving unauthorized help on assignments.By submitting an assignment in any form, the student gives permission for the assignment to be checked for plagiarism, either by submitting the work for electronic verification or by other means. Penalties for any of the above infractions may result in disciplinary action including failing the assignment or failing the course or expulsion from the University, as determined by department and University guidelines.
 - 4. Final exams cannot be given before their scheduled times. Students need to check the final exam schedule before planning return flights or other events at the end of the semester.

5. Students are to be in compliance with University, school, and departmental policies regarding the Whole Person Assessment requirements. Students should consult the Whole Person Assessment handbooks for requirements regarding general education and the students' majors.
 - a. The penalty for not submitting electronically or for incorrectly submitting an artifact is a zero for that assignment.
 - b. By submitting an assignment, the student gives permission for the assignment to be assessed electronically.
- B. College of Nursing Policies and Procedures
1. The *ORU AVCON Student Handbook* contains a complete list of College of Nursing policies.
 2. Attendance
 - a. Orientation to nursing classes occurs the day prior to the first official day of class for the University.
 - b. The last day for students to add nursing classes is the first Monday following the University's date for the beginning of classes.
 - c. Students are expected to punctually attend all scheduled learning experiences.
 - d. The Dean of the College of Nursing may request administrative excuses for absences from courses or Chapel when scheduling conflicts exist with scheduled learning experiences within the College of Nursing.
 - e. Students are to discuss administratively excused absences with the course coordinator and confirm plans for meeting course objectives as soon as possible but within a minimum of 48-business hours prior to the scheduled class.
 - f. Makeup of modular posttests is arranged only in the case of an excused class absence. Students ***must speak personally*** to the course coordinator ***prior to*** the test period if they are unable to take a scheduled exam. Absences are excused only for cases of documented illness or other crisis situations. Students must pay a \$15 fee, payable to student accounts, for a late exam.
 - g. Students are required to ***speak personally*** to the clinical instructor and the clinical agency regarding a pending absence in the clinical laboratory at least one hour before scheduled lab. There is no guarantee that students will have opportunities for clinical make-ups. Nursing programs throughout the area compete for clinical learning sites and times, and clinical experiences are negotiated one year in advance. Thus, it may not be possible to arrange clinical makeup experiences. Failure to meet course objectives results in failure in the course.
 - h. Students are required to submit a request for clinical/sim lab make-up form to the office of the Dean. If the petition is approved, a \$50 fee will be assessed per clinical day or \$15 per sim lab hour.
 3. Evaluation Procedures
 - a. Clinical laboratory performance is not graded on a weekly basis, but attendance is required. The laboratory experience culminated in a performance of a physical exam including a hands-on demonstration of the designated skills and appropriate written documentation. A student is required to achieve both a 70% or better score on the demonstration of the physical exam and 70% or more on the written documentation in order to pass the course.

- b. The final course grade is calculated using the following grading scale.
 A=90-100
 B=80-89
 C=70-79
 D=60-69
 F=59 and below
- c. Students are required to submit all assignments for course completion. Due dates of assignments are specified in the syllabus addendum. Submitting assignments in a timely manner or making arrangements in case of emergency demonstrates the student's professional accountability and responsibility. Assignments submitted **late** will have points deducted as follows:
 1 business day: 10%
 2 business days: 20%
 3 business days: 30%
 4 business days: A grade of zero will be given.
- d. Whole Person Assessment requirements:
 The College of Nursing, under a University-led initiative, has an electronic portfolio system (ePortfolio) to evaluate students' achievement of academic outcomes. Therefore, all nursing majors are required to prepare an electronic portfolio. Each student is responsible for submitting ePortfolio artifacts as described in course syllabi.

C. Course Policies and Procedures

1. Evaluation Procedures

- a. Evaluation is based on achievement of stated course objectives. Evaluation tools include quizzes and a comprehensive physical examination of an individual. The course grade for NUR 300 is based upon work in the following areas:

Weekly lab participation	10%
Weekly Written Homework/Lab Assignments	10%
Documentation of Physical Exam	15%
Clinical Demonstration of Physical Exam	20%
Midterm Exam	20%
Final Exam	<u>25%</u>
Total	100%
- b. Written assignments and other course work are due as specified in the syllabus addendum. Submitting assignments in a timely manner, or making arrangements in case of emergency, demonstrates the student's professional accountability and responsibility. Late assignments will result in a grade deduction of 10% per business day on the total possible points for each assignment.

2. Whole Person Assessment Requirements

- a. Students are required to submit artifacts throughout the semester, and all artifacts must be submitted by the end of the semester.
- b. WPA requirements for this course:
 Example of documented physical assessment

VI. COURSE CALENDAR

Week	Topic	Date
1	General Inspection Why learn health assessment	August 21
2	Skin, hair, and nails	August 28
3	Head, nose, mouth, and neck	September 4
4	Ears	September 11
5	Eyes	September 18
6	Cardiac/Metabolic Syndrome/Peripheral Vascular	September 25
7	Midterm Exam	October 2
8	Lungs	October 9
9	Fall Break	October 16
10	Abdomen	October 23
11	Neuro #1	October 30
12	Neuro #2	November 6
13	Musculoskeleton	November 13
14	Demonstration of Head-to-Toe Examination/Putting It All Together	November 20
	Thanksgiving	November 27th week
	Practice Head-to-Toe in Sim lab	November 25-29
	Perform and document Physical Assessment Schedule will be posted	December 2-6
	Final Exam/Finals week December 9-13	December 9-13

Course Inventory for ORU's Student Learning Outcomes
NUR 300—Health Assessment
Fall 2013

This course contributes to the ORU student learning outcomes as indicated below:

Significant Contribution – Addresses the outcome directly and includes targeted assessment.

Moderate Contribution – Addresses the outcome directly or indirectly and includes some assessment.

Minimal Contribution – Addresses the outcome indirectly and includes little or no assessment.

No Contribution – Does not address the outcome.

The Student Learning Glossary at <http://ir.oru.edu/doc/glossary.pdf> defines each outcome and each of the proficiencies/capacities.

	OUTCOMES & Proficiencies/Capacities	Significant Contribution	Moderate Contribution	Minimal Contribution	No Contribution
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1	Outcome #1—Spiritually Alive Proficiencies/Capacities				
1A	Biblical knowledge		X		
1B	Sensitivity to the Holy Spirit	X			
1C	Evangelistic capability	X			
1D	Ethical behavior	X			

2	Outcome #2—Intellectually Alert Proficiencies/Capacities				
2A	Critical thinking		X		
2B	Information literacy	X			
2C	Global & historical perspectives	X			
2D	Aesthetic appreciation		X		
2E	Intellectual creativity		X		

3	Outcome #3—Physically Disciplined Proficiencies/Capacities				
3A	Healthy lifestyle	X			
3B	Physically disciplined lifestyle	X			

4	Outcome #4—Socially Adept Proficiencies/Capacities				
4A	Communication skills	X			
4B	Interpersonal skills	X			
4C	Appreciation of cultural & linguistic differences		X		
4D	Responsible citizenship	X			
4E	Leadership capacity	X			