

Syllabus for
GEN 150 —Introduction to Whole Person Education
1 Credit Hour
Fall 2017

I. COURSE DESCRIPTION

This course orients students to the Whole Person Education philosophy with an overview of the ORU Student Learning Outcomes: (1) Spiritually Alive, (2) Intellectually Alert, (3) Physically Disciplined, (4) Socially Adept, and (5) Professionally Competent by providing guidance needed for success in college, introducing students to the basic tenets of health fitness, and acquainting students with the technological skills needed for the Whole Person Assessment process.

Prerequisites: Medical Assessment (Application Process)

Course Fees: \$220

II. COURSE GOALS

The goal of this course is to introduce students to an understanding of Whole Person Education including information for academic success and physical well-being.

III. STUDENT LEARNING OUTCOMES FOR THIS COURSE

As a result of successfully completing this course, the student will be able to do the following:

1. Demonstrate the role of the mind through effective study skills, test taking, and technological competency.
2. Demonstrate the role of the body through a healthy lifestyle and bystander intervention.
3. Demonstrate the role of the spirit through character formation, time management tools and professional development.

IV. TEXTBOOKS AND OTHER LEARNING RESOURCES

Required Textbooks

Elmore, T. (2009) *Habitudes: The Art of Self-Leadership*. Atlanta, Georgia: Growing Leaders, INC.
ISBN: 1-931132-05-4.

V. POLICIES AND PROCEDURES

A. University Policies and Procedures

1. Attendance at each class or laboratory is mandatory at Oral Roberts University. Excessive absences can reduce a student's grade or deny credit for the course.
2. Students taking a late exam because of an unauthorized absence are charged a late exam fee.
3. Students and faculty at Oral Roberts University must adhere to all laws addressing the ethical use of others' materials, whether it is in the form of print, electronic, video, multimedia, or computer software. Plagiarism and other forms of cheating involve both lying and stealing and are violations of ORU's Honor Code: "I will not cheat or plagiarize; I will do my own academic work and will not inappropriately collaborate with other students on assignments." Plagiarism is usually defined as copying someone else's ideas, words, or sentence structure and

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submitting them as one's own. Other forms of academic dishonesty include (but are not limited to) the following:

- a. Submitting another's work as one's own or colluding with someone else and submitting that work as though it were his or hers;
 - b. Failing to meet group assignment or project requirements while claiming to have done so;
 - c. Failing to cite sources used in a paper;
 - d. Creating results for experiments, observations, interviews, or projects that were not done;
 - e. Receiving or giving unauthorized help on assignments.
By submitting an assignment in any form, the student gives permission for the assignment to be checked for plagiarism, either by submitting the work for electronic verification or by other means. Penalties for any of the above infractions may result in disciplinary action including failing the assignment or failing the course or expulsion from the University, as determined by department and University guidelines.
4. Final exams cannot be given before their scheduled times. Students need to check the final exam schedule before planning return flights or other events at the end of the semester.
 5. Students are to be in compliance with University, school, and departmental policies regarding the Whole Person Assessment requirements. Students should consult the Whole Person Assessment handbooks for requirements regarding general education and the students' majors.
 - a. The penalty for not submitting electronically or for incorrectly submitting an artifact is a zero for that assignment.
 - b. By submitting an assignment, the student gives permission for the assignment to be assessed electronically.

B. Course Policies and Procedures

1. Class Attendance

- a. **Excused and Unexcused Absences**—Class attendance is mandatory. Due to illness, personal business, and emergencies, students are allowed two absences without penalty. This includes absences for any reason, except for administratively excused absences. Assignments required during the missed class may be submitted within one week for credit. Class sessions involving physical activity missed because of an absence (e.g., illness, family emergency) may only be made up by attending another session **during the same week**. Made-up assignments and substituted activity class sessions count as a missed class. If a student exceeds two absences, the student's grade is lowered by 5% for each additional class missed. (For example, if a student misses a total of five classes, then the maximum score the student can earn is $85\% = 100\% - 5\%$ for the third absence, $- 5\%$ for the fourth absence, and $- 5\%$ for the fifth absence.) Emergency situations are handled on an individual basis and require verification.
- b. **Administratively Excused Absences**—Only absences approved by academic Deans are given administrative excuses. Students who miss class for University-sponsored activities must follow these procedures:
 - (1) Inform the professor before the event and make arrangement for the work to be submitted prior to the absence or at a mutually agreed upon deadline.
 - (2) Present an administrative excuse form with appropriate signatures.

Doctors' or nurses' notes, or letters from groups sponsoring mission trips or activities do not qualify a student for an administratively excused absence.

- (3) Obtain information covered during an absence. All work must be completed as scheduled.
- (4) Not commit to class presentation (oral reports, speeches, group presentations, etc.) on a date that the student will be gone. Makeup work is not permitted if the student voluntarily committed to a performance on the date of an administratively excused absence.

2. Evaluation Procedures

a. Grading Scale:

A= 90%-100%

B= 80%-89%

C= 70%-79%

D= 60%-69%

F= 59% and lower

b. Grading Categories

Professional Skills Section

Small Assignments	20 each	100
Projects	25 each	200
Participation	10 each	130
Student Success	14 each	70
Professional Skills Total		500

HPE Section

Labs	20 each	260
Quizzes	10 each	130
Fitbit Steps		100
Lifestyle Survey		5
Field Test		5
HPE Total		500

4. Other Policies and/or Procedures

1. If a student has a concern about using a Fitbit®, the student should speak with the activity instructor.
2. Students are expected to view assigned videos or readings as listed in D2L and participate with the associated assignments.

5. Contact Information

- a. D2L Help Line: helpdesk@oru.edu
- b. ePortfolio Help Line: eportfolio@oru.edu (918.495.7356)
- c. Career Services: LRC, 3rd floor, Student Success Office
careers@oru.edu (918.495.6912)

Week	COURSE OBJECTIVES	Assessments	Points
1	Mind	STUDENT SUCCESS SKILLS: FERPA	14
	Mind	PARTICIPATION	10
	Body	HPE: Lab 1	20
	Body	HPE: Lifestyle Survey	5
	Body	HPE: Lab Quiz 1	10
	Body	HPE: Fitbit steps and active minutes (13 WEEKS)	100
2	Spirit	PROFESSIONAL SKILLS: Honor Code Reflection (Project)	25
	Spirit	PARTICIPATION	10
	Body	HPE: Lab 2	20
	Body	HPE: Lab Quiz 2	10
3	Body	PROFESSIONAL SKILLS: Campus SaVE Quiz (Project)	25
	Body	PARTICIPATION	10
	Body	HPE: Lab 3	20
	Body	HPE: Lab Quiz 3	10
4	Spirit	PROFESSIONAL SKILLS: Jobzology Quiz (Small Assignment)	20
	Spirit	PARTICIPATION	10
	Body	HPE: Lab 4	20
	Body	HPE: Lab Quiz 4	10
5	Spirit	PROFESSIONAL SKILLS: Jobzology Reflection (Project)	25
	Spirit	PARTICIPATION	10
	Body	HPE: Lab 5	20
	Body	HPE: Lab Quiz 5	10
6	Spirit	PROFESSIONAL SKILLS: Mission Statement (Project)	25
	Mind	STUDENT SUCCESS: Clear Transcript Holds	14
	Spirit	PARTICIPATION	10
	Body	HPE: Lab 6	20
	Body	HPE: Lab Quiz 6	10
7	Mind	PROFESSIONAL SKILLS: Note Taking (Small Assignment)	20
	Mind	STUDENT SUCCESS: Group Advisement	14
	Mind	PARTICIPATION	10
	Body	HPE: Lab 7	20
	Body	HPE: Lab Quiz 7	10
8	Mind	PROFESSIONAL SKILLS: Plagiarism Quiz (Small Assignment)	20
	Mind	PARTICIPATION	10
	Body	HPE Lab 8	20
	Body	HPE: Lab Quiz 8	10

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9	Mind	PROFESSIONAL SKILLS: Time Log (Project)	25
	Mind	PROFESSIONAL SKILLS: Time Log Reflection (Project)	25
	Mind	STUDENT SUCCESS: Checking Midterm Grades	14
	Mind	PARTICIPATION	10
	Body	HPE: Lab 9	20
	Body	HPE: Lab Quiz 9	10
10	Spirit	PROFESSIONAL SKILLS: Priority Matrix (Project)	25
	Mind	STUDENT SUCCESS: Individual Advisement Quiz	14
	Spirit	PARTICIPATION	10
	Body	HPE: Lab 10	20
	Body	HPE: Lab Quiz 10	10
11	Mind	PROFESSIONAL SKILLS: Plan Ahead (Project)	25
	Mind	PARTICIPATION	10
	Body	HPE: Lab 11	20
	Body	HPE Lab Quiz 11	10
12	Spirit	PROFESSIONAL SKILLS: Ideal Week (Small Assignment)	20
	Spirit	PARTICIPATION	10
	Body	HPE: Lab 12	20
	Body	HPE Lab Quiz 12	10
13	Mind, Body & Spirit	PROFESSIONAL SKILLS: Review & Habitudes Quiz (Small Assignment)	20
	Mind, Body & Spirit	PARTICIPATION	10
	Body	HPE: Lab 13 & Field Test	25
	Body	HPE Lab Quiz 13	10
Total			1000

Course Inventory for ORU's Student Learning Outcomes
GEN 150 — Introduction to Whole Person Education
Fall 2017

This course contributes to the ORU student learning outcomes as indicated below:

Significant Contribution – Addresses the outcome directly and includes targeted assessment.

Moderate Contribution – Addresses the outcome directly or indirectly and includes some assessment.

Minimal Contribution – Addresses the outcome indirectly and includes little or no assessment.

No Contribution – Does not address the outcome.

The Student Learning Glossary at <http://ir.oru.edu/doc/glossary.pdf> defines each outcome and each of the proficiencies/capacities.

OUTCOMES & Proficiencies/Capacities	Significant Contribution	Moderate Contribution	Minimal Contribution	No Contribution
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1	Outcome #1 – Spiritually Alive Proficiencies/Capacities				
1A	Biblical knowledge			X	
1B	Sensitivity to the Holy Spirit	X			
1C	Evangelistic capability				X
1D	Ethical behavior	X			

2	Outcome #2 – Intellectually Alert Proficiencies/Capacities				
2A	Critical thinking	X			
2B	Information literacy	X			
2C	Global & historical perspectives			X	
2D	Aesthetic appreciation			X	
2E	Intellectual creativity		X		

3	Outcome #3 – Physically Disciplined Proficiencies/Capacities				
3A	Healthy lifestyle	X			
3B	Physically disciplined lifestyle	X			

4	Outcome #4 – Socially Adept Proficiencies/Capacities				
4A	Communication skills	X			
4B	Interpersonal skills		X		
4C	Appreciation of cultural & linguistic differences			X	
4D	Responsible citizenship			X	
4E	Leadership capacity	X			

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